“As a young child we hardly ever think of consequences – everyone is carefree, brash and spunky. Something about growing older and gaining those meaningful life experiences seems to drain the audacity out of us. A risk factor is not the first thing on our minds as youngsters, though it may be the only thing that our parents are thinking of as they sit and watch us run around like mad men. But that child is Truly happy. In sports, daily life, or the epic adventure that has been planned for months, there are always those inherent risks that go hand in hand with a good time.”
“Life’s struggles can only make you a wiser person. Every time I have encountered one of life’s curveballs, I have told myself this and continue to keep telling myself and others this. Through pain we only gain strength and with strength we are capable of almost anything. As I get older there are moments where some struggles just become more and more complicated than they seemed before. I have definitely learned greatly from everything in my life in the past seventeen years and honestly, I do not think I wouldn’t change a single thing.”
“My life changed a great deal since being diagnosed with chronic ITP. I believe there is a reason for every thing that has happened to me over the past couple of years. I feel that I have matured and grown as an individual. Personally I have found many new ways to stay active and have become More involved in my community. Because I can no longer participate in Taekwondo as a student, I have trained to become a volunteer instructor and camp counselor for the American Taekwondo Association. Taking on these new roles have helped me to realize how much I enjoy working with kids.”
“Think of any person you know, what is it that makes them the person they are? Much of who we are is shaped by our life experiences. When I think of what makes me the person I am today, I think of my friends, my family, my travels, my teachers, and school activities, but if someone were to ask me what event has had the biggest influence in shaping the individual I am today, my response would be simple. I credit the women I am today to my autoimmune bleeding disorder.

The first quality ITP has provided me with is strength of character. After persevering through IV infused treatments, ill-inducing after affects, multi-year periods of steroids, and even early onset signs of osteoporosis, I feel like I have the strength to handle whatever comes my way.”